**ILSE Dordrecht 2017**

***Conditions of access***

Below are the rules and qualifying times you will need to participate in the competition:

**Individual events :**

- 200m obstacles, 100m rescue medley, 100m manikin tow with fins, 100m manikin carry with fins, 50m manikin carry, 200m Super lifesaver

**Relays :**

– 4x50m obstacles relay, 4x25m manikin relay, 4x50m medley relay,

**Qualification times :**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | 200m Obstacles | 50m  Manikin | 100m Medley | 100m Manikin Tow | 100m  Manikin carry | 200m Super life saver |
|
| Men Open | 2'35"37 | 42”90 | 1'26"10 | 1'09"10 | 1'12"40 | 2'56"90 |
| Women Open | 2'53"57 | 49"30 | 1'40"10 | 1'22"40 | 1'25 "69 | 3'20"50 |
| Masters 30+ M/F | 3'35"36 | 56"42 | 1'58"22 | 1'39"41 | 1'38"11 | 3'36"15 |
| Masters 50+ M/F | 3'59"37 | 1'02"32 | 2'02"12 | 1'58"56 | 1'57"16 | 4'12"16 |
| Boys Jun. | 3'02"38 | 54"44 | 1'46"24 | 1'37"43 | 1'26"13 | 3'18"17 |
| Girls Jun. | 3'27"41 | 57"45 | 1'56"25 | 1'37"44 | 1'36"54 | 3'34"18 |

For Boys and Girls in the age of 2002 (first year junior) there will be no qualification times!

**Finals:**

A and B finals for Open competitors and C final for Juniors competitors. For masters there will be no final!

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|  | **Day 1** | **Day 2** |
|  | 200m Obstacle | 100m manikin carry |
|  | 4x50 Obstacle relay |
|  | 100m Rescue Medley | 50m manikin carry |
| Morning | 100m Manikin Tow | 4x25 manikin carry |
|  | 200m super lifesaver |
|  |  | 4x50 medley relay |
| Afternoon | **Finals A,B and C** | **Finals A,B and C** |
| 200m Obstacle | 100m manikin carry |
| 4x50 Obstacle relay |
| 100m Rescue Medley | 50m manikin carry |
| 100m Manikin Tow | 4x25 manikin carry |
| 200m super lifesaver |
|  | 4x50 medley relay |

**Open Championship:**  
  
Each participant may register for a **maximum** of 4 individual components  
A relay team can not exceed 6 Men / boys and 6 Women / girls exist. It is allowed to write in several relay teams.  
Each club must register at least one official.  
You can register until Thursday, February 16th, 2017, 21:00  
 **Entry fees :**Up to 4 numbers + enrol relays; entry A-B-M (30+ and 50+): €12,50 and C-D and E : €10.=  
Details regarding payment, you will be given after registration.

**Rewards :**– Individuals : medals top three men and women for every events – Relays : The teams ranking counting the scores of the relays, only for the open category! **Point score / Best club point scoring for relays:**Clubs are not limited to entries but only the best three performances by each club will score points in every event as follows : placing 1 to 16 as 20,18, 16, 14, 13, 12, 11, 10, 8, 7, 6, 5, 4, 3, 2,1 points. The points of relays will not be doubled.

Between the morning session and the finals we hold a tournament for a limited number C , D and E athletes. Be careful when you subscribe a team for this event you have to provide an official to!!!

|  |  |
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| **Day 1** | **Day 2** |
| ***Ring diving with fins***: C:100m;  D:50m;  E: 50m Free with fins! ***Lifesaver*** C/D: 50m ***Obstacle:***  C: 100m;  D/E:50m | ***Rescue medley*** : C/D: 50m ***Ring diving***: C/D: 50m ***Ring*** E: 50m ***Super life saver:***  C ***Tube with fins***  E: 50m |
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C: 2003 – 2005  
D: 2006 – 2008  
E : 2009 - 2010

**Time schedule:  
A (open) , B (Juniors) and Masters:**Saturday: warming up: ***7:30***   
 Series:  ***8.30 – 13.10* warming up: *15:30*   
 Finals: *16:30 – 19:00***

C,D and E **13:30 – 15:30**

**A(open) , B (juniors) and Masters:**Sunday warming up: ***7:30***   
 Series:  ***8.30 – 13.10* warming up: *15:30*   
 Finals: *16:30 – 19:00***C,D and E **13:30 – 15:30**